

7-8 RULES

1. 25 MINUTE HALVES (12/13 MINUTE QUARTERS WITH NO SUBS OR VERY HOT DAYS)
2. 5 VS 5 (4 FIELD PLAYERS AND 1 GOALIE)
3. NO COACHES ON FIELD
4. OUT OF BOUNDS - THROW IN FROM THE SIDE (3 CHANCES UNTIL MID SEASON THEN 2 CHANCES)
5. CORNER KICKS
6. PUSHING AND HANDBALL PENALTIES CALLED
7. NO OFFSIDES
8. WHISTLE ON STOPS AND STARTS IN PLAY
9. NO HEADING ALLOWED
10. SUBS ON ANY STOPPAGE OF PLAY WITH REFEREE APPROVAL
11. GOAL KICKS CAN BE TO A PLAYER WITHIN THE 18 YARD BOX
12. IN THE EVENT THE GAME ENDS IN A TIE. TEAMS WILL EXERCISE A PENALTY SHOOT OUT TO DETERMINE THE WINNER